

CPR TESTING CHECKLISTS HEARTSAVER

American Heart Association
Heartsaver
Adult/Child CPR and Infant CPR
Side 1 of 2

Name: _____
Date of Test: _____

Skill Step	Critical Performance Steps	If you teach AED, do not do this test; go to AED test on other side	Do this test only if you teach Infant CPR
		Adult/Child CPR <input checked="" type="checkbox"/> If done correctly	Infant CPR <input checked="" type="checkbox"/> If done correctly
1	Checks for response		
2	Tells someone to phone emergency response number (or 911) and get an AED		
3	Opens airway using head tilt–chin lift		
4	Checks breathing <i>Minimum 5 seconds; maximum 10 seconds</i>		
5	Gives 2 breaths (1 second each)		
6	Bares victim's chest and locates CPR hand (infant: finger) position		
7	Delivers first cycle of compressions at correct rate <i>Acceptable <23 seconds for 30 compressions</i>		
8	Gives 2 breaths (1 second each)		
9	Delivers second cycle of compressions at correct hand position <i>Acceptable >23 of 30 compressions</i>		
10	Gives 2 breaths (1 second each)		
<i>The next step is done only with a manikin with a feedback device, such as a clicker or light. If no feedback device, STOP THE TEST.</i>			
11	Delivers third cycle of compressions of adequate depth with full chest recoil <i>Acceptable >23 compressions</i>		
		STOP THE TEST	STOP THE TEST

RECORD ALL TEST RESULTS HERE. SIGN WHERE INDICATED.		Test only one of these				This test is only if you teach Infant CPR	
TEST SUMMARY	PASS = Above Steps All Checked (Done Correctly) NR = Needs Remediation INDICATE PASS OR NR:	CPR + AED		A/C CPR		INF CPR	
		PASS	NR	PASS	NR	PASS	NR
Instructor signature affirms that skills tests were done according to AHA guidelines. <i>Save this sheet with course record.</i>		Instructor Signature: _____ Print Inst. Name: _____ Date: _____					

Name: _____

Date of Test: _____

Skill Step	Critical Performance Steps	Do this test only if you teach AED
		CPR with AED <input checked="" type="checkbox"/> If done correctly
1	Checks for response	
2	Tells someone to phone emergency response number (or 911) and get an AED	
3	Opens airway using head tilt–chin lift	
4	Checks breathing <i>Minimum 5 seconds; maximum 10 seconds</i>	
5	Gives 2 breaths (1 second each)	
6	Bares victim’s chest and locates CPR hand position	
7	Delivers first cycle of compressions at correct rate <i>Acceptable <23 seconds for 30 compressions</i>	
8	Gives 2 breaths (1 second each)	
<i>AED arrives</i>		
AED 1	Turns AED On	
AED 2	Selects proper AED pads and places pads correctly	
AED 3	Clears victim to analyze <i>(must be visible and verbal check)</i>	
AED 4	Clears victim to shock/presses shock button <i>(must be visible and verbal check) Max time from AED arrival <90 sec</i>	
<i>Student continues CPR</i>		
9	Delivers second cycle of compressions at correct hand position <i>Acceptable >23 of 30 compressions</i>	
10	Gives 2 breaths (1 second each)	
<i>The next step is done only with a manikin with a feedback device, such as a clicker or light. If no feedback device, STOP THE TEST.</i>		
11	Delivers third cycle of compressions of adequate depth with full chest recoil <i>Acceptable >23 compressions</i>	

STOP THE TEST

RECORD CPR + AED TEST RESULTS ON BOTTOM OF SIDE 1